

Integral University, Lucknow

Ref: DURO/GA/Notice/NSS/2023/16

Date : 22.02.2023

Notice

Like previous year NSS Camp for seven days is also being organized by the university from 27th February to 05th March, 2023 in the nearby five villages consisting of selected 200 students out of 400 students applied for the same to attend this camp. Remaining 200 students will be provided this opportunity later on. NSS Programme Officers will provide the list of selected students for their attendance to the concerned HoD for record.

Deans/HoDs are requested to relieve the selected students accordingly.


Prof. (Dr.) Mohammed Haris Siddiqui
Registrar

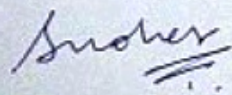
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- All Deans & HoDs
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**A Brief Report on Extension Activity organized by the
Department of Biosciences
in association with NSS on 3rd March 2023**

In observance of Science Day, the Department of Biosciences, Integral University, Lucknow in collaboration with NSS had organized an Extension and Awareness campaign for women around Paikaramau village regarding issues related to menstrual health and hygiene. The main aim of this programme was to create a healthier society by empowering women on various issues related to their health and hygiene. The students of B.Sc. Biochemistry, Biotechnology and Life Sciences participated in this activity. Around 35 students along with NSS coordinators actively participated in creating awareness amongst the village women about menstrual health and hygiene. With the help of posters and banners, students discussed with these women on ways to create and maintain good and healthy hygienic practices during menstruation.

Dr. Poonam Sharma, NSS Program Officer (Integral University) and Dr. Neha Mohd Qasim, Faculty Coordinator accompanied the students for conducting the extension activity. They along with the help of students oriented the village women on good menstrual hygienic practices such as use of sanitary napkins, washing and cleaning, proper disposal of sanitary napkins, followed by precautions to be taken during the period and dietary habits, so as to enable them to lead a healthy reproductive life in future. Free sanitary napkins were distributed to these women. There were around 35-40 women who participated in this awareness programme and benefitted from the insights shared. These women were overwhelmed by the support which the students and staff of Integral University, Lucknow offered them.



**Head
Department of Biosciences
Integral University, Lucknow-226026**



Photo 1: Bioscience students at Panchayat Bhavan, Paikaramau, U.P.



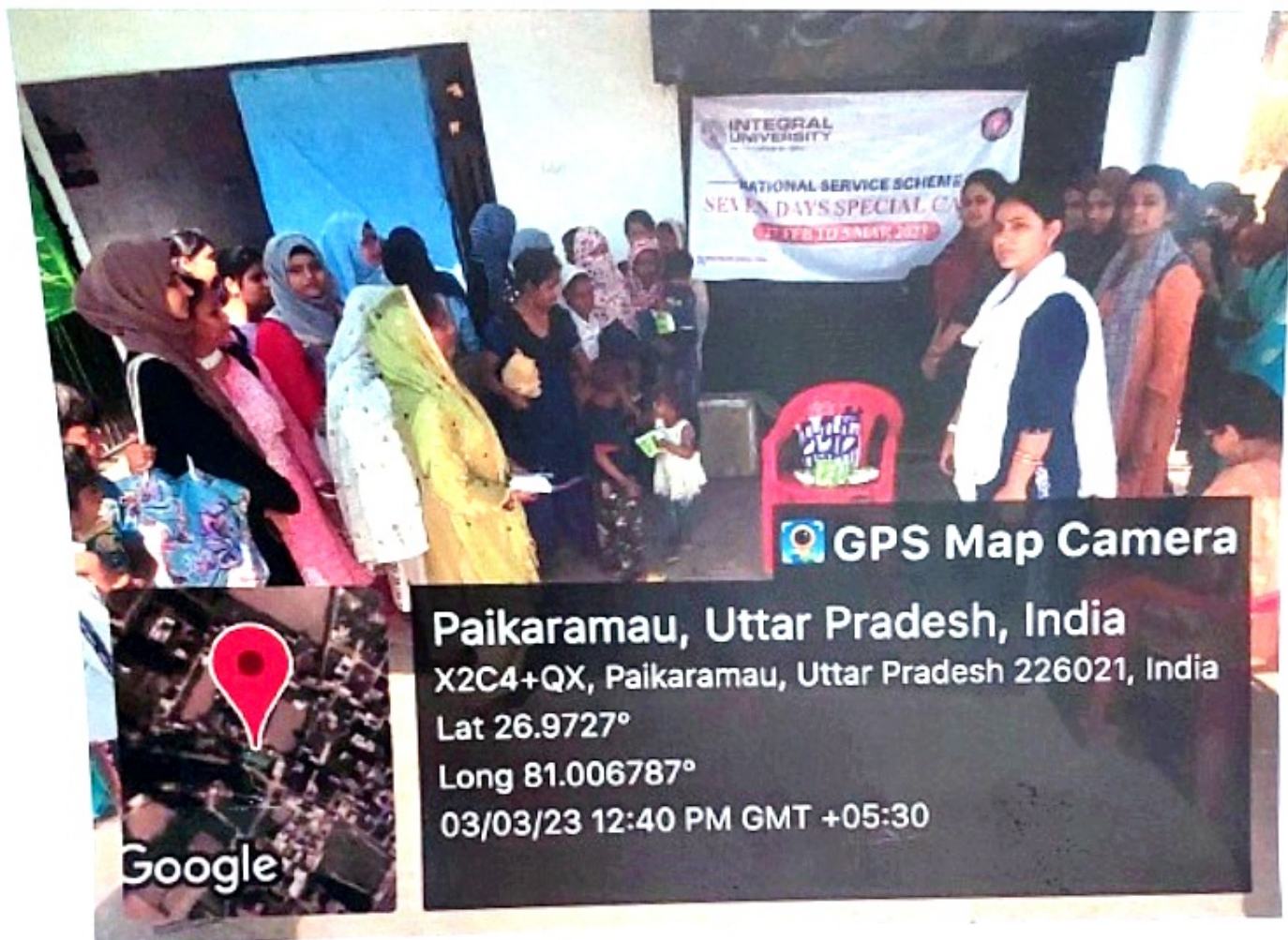


Photo 3: Distribution of sanitary napkins to rural women in Paikaramau, U.P.



Photo 4: Bioscience students at Paikaramau village in U.P.



Department of Biosciences
Under the Aegis of
NSS, Integral University
Organized

Extension Activity & Awareness campaign in Paikaramau village on 3rd March 2023

S.No.	Name	Enrollment	Gender	Course	Attendance
1	AHMAD WASIF SIDDIQUI	2200102198	M	B.Sc. Biochemistry	Present
2	ASRAH SAQUIB	2200102953	F	B.Sc. Biochemistry	Present
3	AYESHA KHAN	2200101038	F	B.Sc. Biochemistry	Present
4	MAHIMA SHUKLA	2200102486	F	B.Sc. Biochemistry	Present
5	ALIYA KHAN	2200101535	F	B.Sc. Life Sciences	Present
6	ALTUBA WAIS	2200103412	F	B.Sc. Life Sciences	Present
7	ASHFA NAAZ	2200104211	F	B.Sc. Life Sciences	Present
8	MONTAHA SAUD	2200101270	F	B.Sc. Life Sciences	Present
9	MANISHA BANO	2200102582	F	B.Sc. Life Sciences	Present
10	FAHMEED IQBAL	2200103540	F	B.Sc. Life Sciences	Present
11	VAISHNAVI	2200101330	F	B.Sc. Biotechnology	Present
12	UMRA	2200100014	F	B.Sc. Biotechnology	Present
13	AALIYA	2200101668	F	B.Sc. Biotechnology	Present
14	ZAINAB	2200101904	F	B.Sc. Biotechnology	Present
15	MEHWISH	2200101903	F	B.Sc. Biotechnology	Present
16	MARIYAM	2200104392	F	B.Sc. Biotechnology	Present
17	SUNDUS	2200104262	F	B.Sc. Biotechnology	Present
18	AYUSHI	2200103311	F	B.Sc. Biotechnology	Present
19	AFREEN	2200103476	F	B.Sc. Biotechnology	Present
20	SANIYA	2200101315	F	B.Sc. Biotechnology	Present
21	MUSHARRAFA	2200104431	F	B.Sc. Biotechnology	Present
22	SANAL	2200104267	F	B.Sc. Biotechnology	Present
23	TEHREEM	2200101346	F	B.Sc. Biotechnology	Present
24	SUMAIYYA	2200101345	F	B.Sc. Biotechnology	Present
25	ZEHRA	2200100410	F	B.Sc. Biotechnology	Present
26	SEHAR	2200102873	M	B.Sc. Biotechnology	Present
27	SAIM	2200103906	M	B.Sc. Biotechnology	Present
28	ARHAM	2200103940	M	B.Sc. Biotechnology	Present
29	TAYYAB	2200100129	M	B.Sc. Biotechnology	Present
30	ASAD	2200103994	M	B.Sc. Biotechnology	Present
31	BILAL	2200103785	M	B.Sc. Biotechnology	Present

32	AMAAN	2200103361	M	B.Sc. Biotechnology	Present
33	AHMED	2200101293	M	B.Sc. Biotechnology	Present
34	MANISH	2200102870	M	B.Sc. Biotechnology	Present